Michigander Paper Registration

About
The 2020 Michigander takes place from July 13-18, 2020, and offers many tour options:

- 1-Day Tours (July 13, 14, 16, 17)
  - Note: Paper registration unavailable for 1-day tours
- 2-Day Tour (July 13-15) or (July 16-17)
- 4-Day Tour (July 15-18)
- 6-Day Tour (July 13-18)

All routes for the 2012 tour are on paved trails and their connecting paved roads.

Accommodations
While we provide camping with your registration, we realize some riders prefer to stay in hotels or other styles of lodging while on The Michigander. We have sourced some great places along the ride, to view the recommended hotels go to https://runsignup.com/Race/Michigander/Page-2. This is to help plan your trip if you prefer not to camp or even if you just want to have a day or two off from camping. We have a wide assortment of places to stay in varying price ranges for each town we are visiting on our tour.

Location

**July 13 – 15 (leave the morning of the 15th)**
Grand Traverse County Civic Center
1213 W Civic Center Dr
Traverse City, MI 49686
Directions: https://goo.gl/maps/KAf7qeXBCrnTvYybA

**July 15 – 18 (leave the morning of the 18th)**
Frankfort High School
534 11th St
Frankfort, MI 49635
Directions: https://goo.gl/maps/suuJrvCKbLzw9KTS7
Deadlines

- January 1: Registration Opens
- February 1: Paper Registration is available for those who prefer to pay by check between February and May 1.
- May 1: Paper registrations with payment by check closes.
- May 1: Preorder Ride Jerseys, Tanks and Hoodies close.
- June 1: Preorder T-Shirts close.
- June 26: End of refunds, see policy at https://runsignup.com/Race/Michigander/Page-17
- July 6: Registration closes.

What is included with registration?

6-Day and 4-Day Amenities and support include:

- Camping: Grand Traverse County Civic Center and Frankfort High School
- SAG Stops every 10-15 miles (water, fresh fruit, snacks, moral support)
- Breakfast Buffet Daily
- Dinner Buffet daily
- Hot Showers
- Gourmet Morning Coffee
- Baggage transport (2 duffels per registrant)
- Cell phone charging stations
- Entertainment

Additional Fee Based Amenities

- Bicycle Repair Service
- Bicycle Shipping via VeloSante Cycling Services
- Curated Add-On Events and Attractions
- Curated list of Bicycle Friendly Hotel, Inns and Bed & Breakfasts for those that prefer not to camp or would just like a night or two in a real bed.
- Massage Therapy
- Tenting Service by VeloSante Cycling Services

2-Day Tour Amenities and support include:

- Camping: Grand Traverse County Civic Center OR Frankfort High School
- SAG Stops every 10-15 miles (water, fresh fruit, snacks, moral support)
- Breakfast Buffet Monday and Tuesday OR Thursday and Friday
- Dinner Buffet Monday (no dinners on Sunday night, only registration) night OR Thursday night
- Hot Showers
- Gourmet Morning Coffee
- Cell phone charging stations
**Additional Fee Based Amenities**

- Bicycle Repair Service
- Bicycle Shipping via VeloSante Cycling Services
- Curated Add-On Events and Attractions
- Curated list of Bicycle Friendly Hotel, Inns and Bed & Breakfasts for those that prefer not to camp or would just like a night or two in a real bed.
- Massage Therapy
- Tenting Service by VeloSante Cycling Services

**Where do our registration fees go?**

- Logistics. It takes staff hundreds of hours of planning; securing permits with local, regional, state and federal agencies.
- Ride amenities; catering, provisioned rest stops, camping fees, park entry fees, shower trucks, porta johns, motor vehicle fleet, luggage transfer, comprehensive trip literature, gratuities for scheduled events and activities, permits, route planning, advanced route checking, pre ride route marking and route marking supplies, post ride route marking removal, daily ride vehicle support, mechanical and first aid support, scheduled entertainment and activities, and last minute pop-up expenses.

**When can we arrive to set up camp?**

- 2-Day (July 13-14) riders may arrive to camp on July 12 after 6pm
- 2-Day (July 16-17) riders may arrive to camp on July 15 after 6pm
- 4-Day riders may arrive to camp on July 14 after 6pm
- 6-Day riders may arrive to camp at camp on July 12 after 6pm

**Where do we park our cars?**

- 6-Day, 4-Day, and 2-Day (July 13-14): Traverse City Central High School TBA Parking Lot
  - Map of parking lot
  - Directions: [https://goo.gl/maps/od7ZSnhsK1RUDWQX87](https://goo.gl/maps/od7ZSnhsK1RUDWQX87)
- 2-Day (July 16-17): Frankfort High School. Directions: [https://goo.gl/maps/suuJrvCKbLzw9KTS7](https://goo.gl/maps/suuJrvCKbLzw9KTS7)

**Routes**

**2020 Tentative Michigander Schedule**

- **Sunday, July 12** - 2-day and 6-day riders can camp in Grand Traverse Civic Center
- **Monday, July 13** - Travel in a loop from Civic Center to Old Mission Peninsula
- **Tuesday, July 14** - Travel out and back and loop on the Leelanau Trail from Civic Center to Suttons Bay
  - Century Ride Option – Travel 100-mile loop to Suttons Bay, Northport, Leland, and Cedar
- **Wednesday, July 15** - Travel from Civic Center to Frankfort High School
- **Thursday, July 16** - Travel out and back on Sleeping Bear Dunes Heritage Trail from Frankfort HS to Empire
• **Friday, July 17** - Travel out and back on Betsie Valley Trail from Frankfort HS to Crystal Mountain

• **Thursday, July 18** - Travel from Frankfort High School to Traverse City Central High School parking lot on separate route from day 3

For more information on the ride, visit [michigander.bike](http://michigander.bike).

**2020 Draft Routes - RideWithGPS**

All Michigander routes will be marked with pins and all turns will be clearly indicated. All tour participants will be invited to join our Michigander 2020 event on Ride with GPS, which will allow you to download daily route maps and cue sheets. You will be able to use these daily routes on your mobile device in an off-line mode including turn by turn instructions if desired. Know that routes are tentative as we are tweaking them as we work with the county road commissions and police departments to ensure a great and safe ride.

All registrants will be provided with daily cue sheets with printed routes along with things to see and do along the way. This is primarily a trail ride, with some days where we utilize roads.

### Add-Ons and Guest Registration

#### Guest Registration

Registration is available for a non-rider spouse, partner, and friends of registered riders only. This includes all camp amenities and meals. Please note: we do not provide shuttle service, this means your guest will be responsible to get from one camp to the next on the 6-Day, 2-Day, and 4-Day Tour. We will ensure there is a parking space at each venue for their vehicle (car or van).

If your guest is planning on bringing a camper or RV, please email us for availability as it is very limited and must be arranged prior to arriving on site. Know that there will be no electricity available or pump out facilities at the schools where we camp. For a directory of regional campgrounds to pump out or as an alternate camping space for your camper or RV should you decide you require electricity, visit [www.michigan.org](http://www.michigan.org).

Non-rider spouse, partner, friend or private SAG Pricing:

- 2-Day Weekend $80
- 4-Day Tour $315
- 6-Day Tour $255

Includes all amenities; camping, meals, SAGs, gourmet coffee, showers and use of facilities.

#### Single Breakfast and Dinner

Guest Meal Pricing for non-riders:

- Breakfast: $10 per adult, $5 child 7-13, free for age 0-6
- Dinner: $15 per person $8 child 7-13, free for age 0-6

### Century Ride on July 14
46 miles not enough? If so, sign up for the Century Ride! This supported 100-mile route will take place on July 14 and will feature Suttons Bay, Northport, Leelanau State Park, Leland, and Cedar!

Click the link to check out the proposed route: https://ridewithgps.com/routes/31465594

**Morning ride to Old Mission Peninsula on July 13**

Due to safety issues regarding cherry picking and farming on Old Mission Peninsula, we are limiting the number of riders that can tour Old Mission at one time. We are offering a morning ride and an afternoon ride option. If the 250 spots are filled, then you will ride to Old Mission in the afternoon.

Please circle which option you prefer:

**MORNING RIDE**

**AFTERNOON RIDE**

**VeloSante Cycling Services**

VeloSante Cycling Services offers concierge camping services and bicycle shipping for cyclists participating in the 2020 Michigander. Our services are designed to enhance your experience during this six-day event, so you can spend more time riding and having fun!

**Services:**

- spacious Kelty 6-person tent (single or double occupancy)
- air mattress - your choice of a queen or twin(s)
- folding camp chair with beverage holder
- shade area under pop-ups
- electric recharging station
- morning coffee and tea service
- afternoon refreshments
- daily cotton towel and wash cloth service
- secure bicycle corral
- basic mechanical assistance (tire pump, chain lube, minor adjustments)

VeloSante sets up, breaks down, and transfers your tenting accommodations. Upon arrival, you will find your tent set up in Traverse City. We will move it, along with your luggage, to the second camping location in Frankfort.

**Service Options**

- Six (6) nights (Sunday, July 12 through Saturday, July 18 afternoon)
  - Single occupancy... $500 [queen or twin air mattress]
  - Double occupancy... $590 [one queen or two twin air mattresses]
• Five (5) nights (Monday, July 13 through Thursday, July 18 afternoon)
  o Single occupancy… $440 [queen or twin air mattress]
  o Double occupancy… $525 [one queen or two twin air mattresses]
• Three (3) nights
  o Single occupancy… $365 [queen or twin air mattress]
  o Double occupancy … $455 [one queen or two twin air mattresses]
• Two (2) nights
  o Single occupancy… $335 [queen or twin air mattress]
  o Double occupancy … $415 [one queen or two twin air mattresses]

Bicycle Shipping

No need to travel with your bicycle when you can ship it via Air Caddy. We will receive, assemble, repack and drop your bicycle at FedEx.

If you are flying, or need to ship a bicycle, we have found Air Caddy to be a superior way of safely transporting a bike. Re-useable, wedge-shaped bicycle boxes can be purchased at www.aircaddy.com. On the front end, we receive, assemble and transport your bicycle to the event. For the return trip, we repack and transport your bicycle to FedEx.

Contact VeloSante for a ship to address and details before making shipping arrangements.

Bicycle Shipping (round trip) with Air Caddy Box $100*

* Note: Shipping container and shipping fee not included.

Reservations

To make reservations for concierge camping service e-mail us at velosante1@gmail.com. Please specify the service you are requesting, the number of nights you would like to stay with us, air mattress preference, and any questions you may have. We will respond with our seasonal mailing address for payment.

Thank You

We will email you your confirmation. We look forward to serving you on the 29th Annual Michigander Bicycle Tour!

Ride Contact Info

If you have any questions about this ride, call 517-485-6022 or email info@michigantrails.org.

To learn more about preparing for the ride and other details, visit www.michigander.bike.
Registration Form

Fill out this form for each registrant, in addition to this document, each registrant must sign the waiver at registration check in on the ride. For those under 18, a parent or legal guardian must sign on their behalf. All minors must be accompanied on the ride at all times by a parent or legal guardian. In addition, all minors must carry the medical release form on their person(s) throughout the ride in the unintended event of an emergency.

Name

Email Address (must provide)

Address

City, State, Zip, Country

Date of Birth

Gender

Mobile phone

Emergency Contact Name

Emergency Contact Phone

Waiver

In consideration of you accepting this entry, I, the participant, intending to be legally bound and hereby waive or release any and all right and claims for damages or injuries that I may have against the Event Director, Michigan Fitness Foundation, Michigan Trails and Greenways Alliance, RunSignup.com, and all of their agents and vendors assisting with the event, sponsors and their representatives and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees. I also authorize the use of photographs or videos that include my image for promotional, informational, or other reasons deemed to be in the best interest of the event.

I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that my physical condition has been verified by a licensed Medical Doctor. By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above waiver.

_________________________________________  _________________________
Signature                                           Date

_________________________________________  _________________________
Signature of Parent/Legal Guardian                  Date
Rider Needs Questionnaire – Please answer ALL questions:

1. Dietary Requests, please indicate if you have a lifestyle/health request below:

   Dairy Free ____
   Gluten Free ____
   Vegetarian ____
   Vegan ____
   No dietary requests ____

   Please note that we do not have separate kitchens to prepare allergen-friendly items, or separate dining areas for riders with allergies or intolerances. Thus, it is possible for an allergen to be introduced before the food is provided to us, or inadvertently during food preparation or handling.

2. Complimentary camping is included, will you be camping on site with us?

   Yes ____
   No ____
   Both camping and hotel ____

3. If you will be traveling with your CPAP device, check yes to reserve space in the CPAP camp area.

   Yes ____
   No ____

4. Do you plan to arrive to camp on Sunday July 12? (camp and registration will open at 6:00 p.m.)

   Yes ____
   No ____

5. If you are not camping with us on Sunday, will you be joining us in time for breakfast between 6:30 a.m. and 8:30 a.m. on Monday, July 13th?

   Yes ____
   No ____

6. Are you bringing a non-rider spouse, partner, friend or Private SAG? If yes, please list the name of the person joining you.

   No ____
   Name ____________________________________________________________________________

7. If you are a non-rider spouse, partner, friend or Private SAG, please list the name of the registered rider you are joining on the ride.

   Name ____________________________________________________________________________
Registration Form

Once we process your paper registration, you will receive an email that you have registered. You may add to your registration or change anything at any time provided you watch the deadlines by emailing info@michigantrails.org.

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<th>Ride Registration</th>
<th>Price</th>
<th>Qty</th>
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<tr>
<td>6-Day Adult</td>
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<tr>
<td>6-Day Youth (7-12)</td>
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<td>4-Day Adult</td>
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<td>2-Day (July 13-14) Adult</td>
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<td>2-Day (July 13-14) Youth (7-12)</td>
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<td>2-Day (July 16-17) Adult</td>
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<tr>
<td>2-Day (July 16-17) Youth (7-12)</td>
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</table>

Total Registration

Add-On Items

| Guest Registration: 2-Day | $75  |     |       |
| Guest Registration: 6-Day | $225 |     |       |
| Guest Registration: 4-Day | $315 |     |       |
| Century Ride on July 14   | $15  |     |       |
| Single Breakfast - Adult   | $10  |     |       |
| Single Breakfast – Youth   | $5   |     |       |
| Single Dinner -Adult       | $15  |     |       |
| Single Dinner - Youth      | $8   |     |       |

Total Add-On Items

Grand Total

IF YOU ARE RIDING ON JULY 13, PLEASE MAKE SURE YOU CIRCLED A RIDE TIME OPTION FOR OLD MISSION ON PAGE 5.

Make check or money order payable to: Michigan Trails and Greenways Alliance

Mail to: Michigan Trails and Greenways Alliance
        PO Box 27187
        Lansing, MI 48909